

2025

JANUARY

St Henry's & St. Paul's Breakfast Menu



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Must Take 3 of the 4-5 options offered with 1 being ½ cup fruit/vegetable to be a Reimbursable Meal

MENU SUBJECT TO CHANGE

Questions/concerns contact Krystal Boyd, FSD at kboyd@perham.k12.mn.us

1

NO SCHOOL

HAPPY NEW YEAR!

2

NO SCHOOL

3

NO SCHOOL

6

Cold Cereal
Cheez Its
Fruit
Juice
Milk

7

Banana Bread
Fruit
Juice
Milk

8

Cold Cereal
Hard Boiled Egg
Fruit
Juice
Milk

9

Blueberry Cake Donut
Go Gurt
Fruit
Juice
Milk

10

Cold Cereal
Goldfish
Fruit
Juice
Milk

13

Cold Cereal
Chocolate Chip Crisps
Fruit
Juice
Milk

14

Muffin
Yogurt
Fruit
Juice
Milk

15

Cold Cereal
Cheese Cubes
Fruit
Juice
Milk

16

Cream Cheese Bagel Bites
Fruit
Juice
Milk

17

Cold Cereal
Cheez Its
Fruit
Juice
Milk

20

NO SCHOOL

STAFF DEVELOPMENT

21

Oatmeal Chocolate Chip Bar
Fruit
Juice
Milk

22

Cold Cereal
String Cheese
Fruit
Juice
Milk

23

Nutri Grain Bar
Yougurt
Fruit
Juice
Milk

24

Cold Cereal
Goldfish
Fruit
Juice
Milk

27

Cold Cereal
Trail Mix
Fruit
Juice
Milk

28

Donut
Go Gurt
Fruit
Juice
Milk

29

Cold Cereal
Cheese Stick
Fruit
Juice
Milk

30

Mango Pineapple Yogurt Smoothie
Cinnamon Grahams
Fruit
Juice
Milk

31

Cold Cereal
Cheez Its
Fruit
Juice
Milk